

**WASHINGTON COUNTY  
LOCAL MENTAL HEALTH ADVISORY COUNCIL  
Minutes of July 8, 2014**

<b>NAME</b>	<b>present</b>	<b>absent</b>	<b>NAME</b>	<b>present</b>	<b>absent</b>
Tracy Klein	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Commissioner Weik	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Amber Yares	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Linda Stanton	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Daniel Parnell	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Joseph Bauer	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Susan Seiler	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Gail Burns	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Kathy Mickelson	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Carol Treague	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Stacy Kislenger	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Jeremy Jenkins	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Ken Schwarten	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Kris Roberts	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Amy Rostron-Ledoux	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Melva Radtke	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Pam Johnson	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lydia Engle	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Renee Beberg	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Mark Perseke	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Sarah Amundson	<input checked="" type="checkbox"/>	<input type="checkbox"/>			

**Guests:** John Nalezny, Jeff Treague, Traci Thompson, Aaron Smith, Tommi Godwin, Phil Lick, Rebecca Broome, Aaron McCabe, Therese Gilbertson, Lynnette Mulvahill

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**Called to Order:** Jeremy Jenkins, Chair, called the meeting to order. Ken Schwarten moved to approve the May 13, 2014 meeting minutes with a second by Kris Roberts.

**Tommi Godwin, Washington County Public Health**

Tommi handed out LAC Collaboration Surveys. Kathy Mickelson will collect and return to Tommi. Tommi is willing to attend another meeting to discuss data.

**Crisis Intervention Training (CIT) in Washington County – Overview of Training and Benefits, Phil Lick and Rebecca Broome, Washington County Correctional Officers, Lynnette Mulvahill, Retired Correctional Officer**

Phil and Rebecca talked about the Crisis Intervention Training they attended which is a 40 hour program developed by the Barbara Schneider Foundation to address real world situations in responding to individuals in a mental health crisis. The training helps identify issues, teaches how to de-escalate the situation, and teaches medication that is commonly used and the side effects. Several examples were given about how this training has helped to de-escalate a situation instead of ‘using force’ and the positive outcomes they have had. Use of force is down about 70-80% with 50% of correctional officers and 10% of deputies currently trained in Washington County. CIT is used daily – even hourly in Washington County.

**What It Means to Advocate, Gail Burns**

What is Advocacy? Arguing in favor of something, such as a cause, an idea or a policy

Types of Advocacy

- Self Advocacy
- Independent Advocacy
- [www.leg.state.mn.us](http://www.leg.state.mn.us)
- Group Advocacy

Getting Motivated

- Read Articles
- Attend Classes
- Public Education Programs

Effective Advocacy

- Engage as many people as possible
- Engage early in the process and continue to be engaged throughout
- Gather the facts
- Have a clear and concise message
- You can make a difference
- Nurture relationships
- Make your voice heard
- Never give up! Change takes time. It is often incremental.

**Follow up discussion on LAC's involvement with Behavioral Health Action Group, Jeremy Jenkins**

- Important to be involved
- More information needed about their goal
- Kathy will email Tommi to ask her to come to next LAC meeting and discuss plan and how the LAC can support this

**Other:** CIT discussion – LAC would like to support the law enforcement's involvement.

- Jeremy will draft a letter to William Hutton, Washington County Sherriff
- MPR – Bob Collins (media)
- Al Franken (Shelly Schafer – possible speaker at meeting)
- Lydia will gather information about homelessness from other countries and states

**Adjournment:** Carol Treague made a motion to adjourn the meeting. Commissioner Weik seconded the motion. Meeting adjourned.